

# STUDIES

## **Humanistic psychology in the university preparation of future teachers**

*Eubica Gáborová*

**Abstract:** The study shows the possibilities of humanistic psychology in conditions of university preparation of future teachers. It brings results from the research of PCA (Person-Centered Approach) principles applied at the universities.

**Key words:** humanistic psychology, directive, non-directive, facilitator, student.

## **Research on abuse and violence against the elderly in a family setting**

*Danijela Lahe*

**Abstract:** The article calls for attention to the problem of violence and abuse of the elderly within their family, partnership, and relationships with relatives in the postmodern society. The outcomes of the research, carried out on a sample of the elderly people within different residence settings are presented. Results show that all kinds of violence and abuse are present in all kinds of settings, except in the residence with relatives, where sexual abuse was not noticed. Physical and sexual violence and abuse is mostly present in the households in which the elderly live with their partner, while psychological violence is present in the households with relatives. Material violence and abuse are present in case of elderly people who live alone. Both, men and women, experience most violence and abuse in their flats.

**Key words:** family, the elderly, violence and abuse, postmodern society.

## **Gender Differences in Attachment Styles Using Slovak Version of the Experiences in Close Relationships-Revised (ECR-R)**

*Gabriela Rozvadský Gugová – Anton Heretik*

**Abstract:** There is a vast amount of literature on similarities and differences of women and men experiencing (close) relationships and using different strategies for coping with daily stress and significant life events. Western folk psychology expects women to be generally more anxious and men to be more avoidant while solving close-relationship conflicts and experiences in long term relationships. We used the Experiences in Close Relationships-Revised (ECR-R) questionnaire that is based on Attachment-style theory that supposes four distinct attachment styles – secure, anxious/ambivalent, disoriented/disorganized and avoidant.

**Keywords:** experiences in Close Relationships-Revised (ECR-R), anxiety, avoidance, coping.

# ARTICLES

## **The use of the drama pedagogical method in the training of Cultural Project Managers**

*Szabolcs Zalay*

**Abstract:** The universities are traditionally elitist bulwarks. How do they counter this image? In my lecture I would like to present a special andragogy strategy which I apply in university education, in the Cultural Project Managers' training Institute of Cultural Studies at the University of Pécs against the poverty and the social exclusion. I demonstrate the application of drama pedagogy method in the course of the training. We have more and more experiences concerning the fact that the Hungarian "drama pedagogy school", that became stronger in recent decades, has introduced and developed effective methodological frameworks to realize constructive pedagogy that is able to create more efficient pedagogical situations than the traditional education methods. This means that today's Hungarian drama pedagogy possesses such qualities with the help of which it is able to answer many of the challenges mentioned above.

**Key words:** responsibility, culture, training, drama pedagogy, constructivism.

## **Recruitment process outsourcing**

*Jana Cocul'ová*

**Abstract:** Nowadays outsourcing presents a common way to increase business performance. This way of providing supporting business activities is more often used in the field of human resources. The paper deals with the topic of human resources outsourcing, especially the recruitment process outsourcing and it brings the views of several authors on the advantages and potential risks of its use.

**Key words:** outsourcing, human resources, recruitment process, recruitment process outsourcing.

## **Parameters of the quality and efficiency of the educational system from the aspect of ergonomics**

*Martin Lorko*

**Abstract:** In the article, selected ergonomic parameters improving basic educational systems (educational workplaces) are analysed from the point of view of a teacher and a student. The emphasis is put on the complex ergonomic optimization of these educational systems so as to improve their quality and efficiency by increasing productivity and quality of work in the systems.

**Key words:** ergonomics, educational system, productivity, quality, efficiency.

## **The safety and hygiene at work in a school curriculum**

*Katarína Ižová*

**Abstract:** The article discusses the implementation of safety, hygiene and health measures at work into the education at all levels – from preschools to university education. It is focused on the purposeful and systematic shaping and developing knowledge and expertise in OSH (Occupational safety and health) from an early age, because this issue is under current legislation concerning teaching.

**Key words:** health and safety at work, education, sectional theme.

## **Strategy for Life-Accompanying Learning in Austria**

*Wilhelm Filla*

**Abstract:** A comprehensive “Strategy for Life-Accompanying Learning” was developed in Austria and will continue until 2020. Since the strategy’s objectives are formulated in a very concrete way, it will be able to be verified whether they have been reached. Prior to the publication of this strategy, a process of discussion with a broad base of participants had gone on for a couple of years. Practice will show to what extent the strategy can be implemented.

**Key words:** Life-Accompanying Learning, strategy in Austria, perspective 2020.